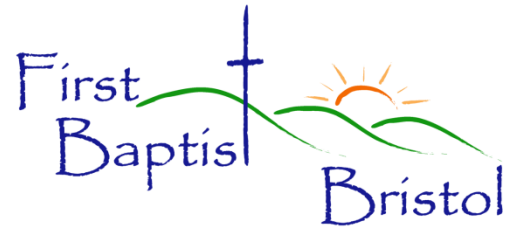


Creeper Trail Bike Trip Sunday, October 2, 2011



The youth group will travel to Damascus, VA on Sunday, October 2, 2011. We eat lunch in the fellowship hall in a church-wide luncheon and then get ready for the trip. You will need to bring \$5 for lunch and money for snacks. You should also bring your bike (bike must be trail worthy and should have multiple gears) and helmet (if you will need to rent a bike, please call Brian at 423-646-7846). Please wear or bring appropriate clothing for bike riding (a jacket, tennis shoes (no open toe shoes please), shorts or jeans, t-shirt, etc.). We encourage you to come for Sunday School and morning worship, and if you will be doing so, you can place your bike inside the fellowship hall (in the closet) between 9:30 am and 9:45 am. We will be back to the church around 7 or 8 pm.

PERMISSION SLIP

_____, a minor, has my/our permission to go with the First Baptist Church youth ministry to [Place] on Sunday, October 2, 2011. **I/We have completed and signed a Medical Information and Release Form* and signed the Youth Ministry Code of Conduct, and these documents are on file at the church (NO STUDENT WILL BE ALLOWED ON THE TRIP WITHOUT THESE DOCUMENTS).** I/We have discussed the trip guidelines with my/our youth and each of us understand them and agree to abide by them.

(Parent Signature)

(Date)

*A new Medical Information and Release Form must be completed and signed for each new calendar year.

Trip Guidelines

1. Everyone must have a signed **PERMISSION SLIP**, signed **CODE OF CONDUCT**, and completed **MEDICAL INFORMATION AND RELEASE FORM** to go on the trip. There will be no exceptions.
2. Each youth must follow directions given by chaperons before and during the trip. Failure to follow directions of a chaperon will result in your being restricted from participating in the next fun-type youth group activity. If we have a severe discipline problem with anyone we will call his/her parents to come and take their youth home.
3. Each youth must stay with the group during the trip. No one is allowed to wander off alone. At times you may be allowed to do an activity in a group of no less than three, but this is only during designated times
4. No drugs (including alcohol), cigarettes or tobacco products, or weapons will be permitted.
5. The use of cell phones, iPods, cameras or other personal electronic or entertainment devices is prohibited during activities and services. Special rules apply to trips: Bringing these devices on trips is highly discouraged and according to the needs of the trip is sometimes prohibited. On this trip, the devices are allowed, but the youth ministry staff does not take responsibility for the safe return of these items. Although, we are allowing these items, we discourage you from bringing them, because they are so easy to lose on this type of trip.
6. Maintain your witness by keeping your hands to yourself: no tickling, wrestling, piggyback rides or inappropriate touching (which means: do not touch anyone anywhere that a bathing suit would cover). In addition, physical displays of affection such as kissing, full body hugs, sitting on laps, and lying or sleeping next to each other are inappropriate and being isolated or alone with another student is not allowed.
7. Wear modest clothing. No clothing that is sexually suggestive or spiritually degrading. T-shirts or other clothing with evil, vulgar, illegal, or inappropriate content will not be permitted. In addition there should be: no midriffs, no low-cut tops, no spaghetti straps (tank tops must have a strap width of at least two fingers), no see through clothing, and no sagging pants (no boxers or underwear showing). Dress shorts or jean shorts must have at least a 4 inch inseam, and athletic shorts must be properly fitting with an inseam of at least 2.5 inches (not rolled up). Ladies are required to wear modest one-piece bathing suits or modest tankinis. Guys—no Speedos.
8. When the youth group takes trips each person is a representative of First Baptist Church. Therefore, youth should act in ways that will not dishonor the church.